


**From:** Rayleen D. Earney Earney@SNHD.ORG   
**Subject:** Clark County Diabetes Group Weekly Updates May 29 2026  
**Date:** May 29, 2026 at 9:26 AM  
**To:**

RE



Happy Friday Everyone! Thanks for sharing! 😊

### SNHD Community Calendars:

**Get Healthy Events Calendar:** Find **free blood pressure checks** at participating barber and beauty salons, **community events**, and **more!**

<https://gethealthyclarkcounty.org/community-calendar/>

**Viva Saludable Events Calendar (Spanish)**

<https://vivasaludable.org/calendario/>

**5210 Store: Free materials**

Healthcare providers may order **free 5210 materials posters and activity books, lanyards, etc.:** (Nevada residents only): <https://gethealthyclarkcounty.org/shop/>

### COMMUNITY UPDATES

#### NEW

#### 1. HIV Training (Spanish)

**SNHD**

**Register Today:**

*The Southern Nevada Health District (SNHD) is excited to facilitate the first Saber es Poder – pruebas rápidas y consejería de VIH training, a free 2-day Spanish training culturally adapted from the English Empower Change – testing and counseling training program for rapid HIV testing. The 2-day training is taking place on June 24 and 25 from 8:30am – 5:00pm at SNHDs main office – 280 S. Decatur Blvd Las Vegas, NV 89107.*

*Participants must complete an online portion by the Monday prior to the training.*

*If you are interested, please review the attached flyer for more information and send an email to Belen Campos-Garcia at [campos-garcia@snhd.org](mailto:campos-garcia@snhd.org) to register.*



en Pruebas y consejería — Curso de Certificación en Pruebas Rápidas de VIH— es un curso gratuito y en persona, diseñado para preparar tanto a participantes principiantes como experimentados de las habilidades, técnicas y conocimientos necesarios para ofrecer servicios de pruebas rápidas de VIH y consejería en organizaciones comunitarias.

**2026 FECHA DE ENTRENAMIENTO**  
24-25 de Junio

**PRERREQUISITOS**  
Antes de asistir al curso en persona, los participantes deben completar los materiales en línea requeridos y completar una evaluación de conocimientos con una calificación de al menos el 70%.

**TEMAS DE ENTRENAMIENTO**

-  Epidemiología, adquisición, transmisión y prevención del VIH
-  Técnicas y mecanismos de detección del VIH
-  Prácticas de escucha activa, observación y consejería
-  Recursos sociales y conductuales disponibles

¿Le interesa el entrenamiento?  
**Envíenos un correo electrónico a [campos-garcia@SNHD.org](mailto:campos-garcia@SNHD.org)**  
para registrarse

**NEW**

## 2. American Heart Association



**TWO STEPS TO SAVE A LIFE**

**1 Call 911**

**2 Push hard & fast in the center of the chest**





**NATION OF LIFESAVERS**  
ACTION



# CPR Fact Sheet



## Why Learn CPR?

Cardiac arrest is a leading cause of death. It happens when an electrical problem in the heart causes an irregular heartbeat. This disrupts blood flow to the brain, lungs and other organs. Each year, more than 350,000 people in the U.S. have an EMS-assessed out-of-hospital cardiac arrest. More than 23,000 are children, and nearly 20% of these are infants.

When a person has a cardiac arrest, survival depends on receiving CPR from someone nearby right away.

According to the American Heart Association, about 90% of people who have out-of-hospital cardiac arrests do not survive. CPR, especially if performed right away, can double or triple the chance of survival. Learn CPR today. Be ready. Become a part of the Nation of Lifesavers.

No one should face a life-changing moment alone.

## Be the Difference for Someone You Love

If you provide CPR, you will likely be trying to save the life of someone you love: a child, a spouse, a parent or a friend.



About **70 percent** of out-of-hospital cardiac arrests happen in homes.



More than **40%** of people who have an out-of-hospital cardiac arrest get the urgent help they need before professional help arrives.

For adults, **Hands-Only CPR** has been shown to be as effective in the first few minutes as CPR with breaths for cardiac arrest at home, at work or in public.

Hands-Only CPR has two easy steps, done in this order:



Call 911 if you see a teen or adult suddenly collapse.



Push hard and fast in the center of the chest to the beat of a song that has 100 to 120 beats per minute.

Breathing problems often cause cardiac arrest in children. This is why it's important to give two rescue breaths with each set of 30 compressions for infants and children.

## Call 911

The dispatcher on the call can help you while getting the medical help you need on the way.

## Music Can Save Lives

While performing CPR, you should push on the chest at a rate of 100 to 120 compressions per minute. Songs that may help you stay on beat include, *Stayin' Alive* by the Bee Gees, *Crazy in Love* by Beyoncé, *Alfie Don't Lie* by Shalini or *Walk the Line* by Johnny Cash.

Learn CPR today. Be ready. Become a part of the Nation of Lifesavers. No one should face a life-changing moment alone.

HCP: The AHA still recommends CPR with compressions and breaths for infants and children and victims of drowning, drug overdose, or people who collapse due to breathing problems.

Nation of Lifesavers is nationally sponsored by **Walgreens**



Be Ready. Find a CPR class at [heart.org/nation](http://heart.org/nation).

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# AED FACT SHEET



## EARLY DEFIBRILLATION

More than 15% of Out of Hospital Cardiac Arrests (OHCA) occur in a public location; therefore, public access AEDs and community training have a large role to play in early defibrillation. However, the number of patients who have an AED applied by a bystander remains low, occurring after only 10.2% of public arrests.

In 2021, 28.7% (n=42,198) of Cardiac Arrest Registry to Enhance Survival (CARES) patients were defibrillated in the field. The proportion of patients first defibrillated by a bystander was 4.6%, whereas 19.7% and 75.3% were first defibrillated by a first responder or EMS personnel, respectively.



**FUNCTIONALITY**

- Inside the AED box are pads and a diagram that shows where to place them on the bare skin. Once the device is turned on, a voice tells the person using it exactly what to do. Some devices offer this instruction in Spanish, but most are English-speaking.
- The first thing the AED will do is determine whether an electric shock is needed by analyzing the person's heart rhythm. CPR should be stopped only while the machine is doing this analysis. If no shock is advised, it will tell you to resume CPR. If there is a shockable rhythm, it will deliver the shock and afterwards will tell you to resume CPR.

**MORE STATS**

- 9 in 10 cardiac arrest victims who receive a shock from an AED in the first minute live.
- Bystanders administer CPR about 40% of the time and AEDs even less so.
- About 1 in 10 people who have cardiac arrests in public get this type of help.
- An estimated 15% of cardiac arrests in adults happen in a public setting. While there is no standard place to store an AED, they are often found on the wall near an elevator.

**AEDS AT WORK**

- Are you one of the 50% who can locate an automated defibrillator (AED) at work? With 10,000 cardiac arrests annually in the workplace, you have the potential to save thousands of lives. Immediate CPR and use of an AED can double, or even triple, survival rates.
- The American Heart Association does not recommend one device over another. The AED you choose should be simple and easy to use.

**CHILDREN AND AEDS**

- Children over age 8 can be treated with a standard AED. For children ages 1-8, the AHA recommends the pediatric attenuated pads that are purchased separately. In infants <1 year of age a manual defibrillator is preferred. If a manual defibrillator is not available, an AED with a dose attenuator may be used.

VISIT [WWW.HEART.ORG/AED](http://WWW.HEART.ORG/AED) TO LEARN MORE

\*Stats and facts in this document were pulled from the 2021 CHSIS Report and the 2022 AHA Heart and Stroke Statistical Update.

**NEW**  
May 29

### 3. SNHD BSHOP Program Free Blood Pressure Screenings

## Blood Pressure Screening at Fade'em All

**DATE**  
May 29, 2026

**TIME**  
3:00 pm - 5:00 pm

**LOCATION**  
Fade'em All  
7760 W. Sahara Ave Las Vegas, NV. 89117

Join us for free blood pressure screenings, health education, and referrals to healthcare providers for those uninsured or without a medical home.

If you are interested in learning more or getting involved, please contact Amineh Harvey at (702) 759-0790 or email [harveya@snhd.org](mailto:harveya@snhd.org).

**NEW**  
June 1

### 4. American Heart Association Continuing Education Activity Note time provided as 12-1 pm Central Time (10 am – 12 noon Pacific Time)



American Heart Association.  
Target: Type 2 Diabetes™

CONTINUING EDUCATION ACTIVITY

## Practical Considerations for the Use of GLP-1 Medications in Type 2 Diabetes

JUNE 1, 2026 | 12:00 - 1:00 PM CDT

This webinar will provide an overview of the considerations for use of GLP-1 receptor agonist medications for people with Type 2 diabetes.

Learn about the current guidelines for pharmacological management of Type 2 diabetes, the benefits of using GLP-1 medications such as their cardiovascular and kidney protective effects, and ways to overcome common prescribing barriers.

### FEATURED SPEAKERS



**Nishant Shah,  
MD, FACC**

*Assistant Professor of Medicine  
Associate Program Director,  
Cardiovascular Disease Fellowship  
Duke University School of Medicine*



**Naomi Hamburg,  
MD, MS**

*Cardiologist  
Chief of Vascular Biology,  
Boston Medical Center*



**Michelle Chu,  
PharmD, MHA, BCACP, APh**

*Assistant Professor of  
Clinical Pharmacy,  
University of Southern California  
Mann School of Pharmacy*



REGISTER  
HERE

**NEW**

June 3

### 5. Dignity Health

#### Diabetes Support Group

Additional classes and events in attached St. Rose Diabetes lifestyle Newsletter

## Monthly Diabetes Support Group



**This Month's Topic:**  
**Managing Diabetes in the Heat and How to Plan  
for Diabetes Care During Emergencies**

If you have diabetes the hot temperatures are likely to affect you more. We will discuss some things you can do to keep yourself safe this summer. Additionally, keeping your medical information and diabetes supplies in your emergency kit are important safety steps.

**Wednesday, June 3, 10 to 11 a.m.**

(The first Wednesday of every month unless it's a holiday)

GREEN VALLEY FREE

2651 Paseo Verde Pkwy Suite 180 Henderson NV, 89074

**No Registration Required.**

For more information, please call Rhonda at 702.616.4975.

May 29

6. **CenterWell**  
**Nutrition Workshop**  
**Call 725-247-3082 to reserve your spot!**  
11-12 Noon



**How Nutrition Changes as  
you Age**

Friday, May 29, 2026

11:00am - 12:00pm

Join us for a delicious organic green salad provided by a local farmer, and learn about nutrition. Topics include:

\*The benefits of a healthy diet \*Common myths about aging and nutrition \* How getting older affects the way you

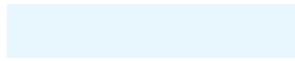


390 West Lake Mead  
Parkway  
Henderson, NV 89015

Please RSVP by May 26, 2026

Call **725-247-3082**  
to reserve your spot

eat \*Tips to help you eat well, in spite of age-related changes



CenterWell does not discriminate on the basis of race, color, national origin, age, disability or sex.

GCHL4GZEN

[CenterWellPrimaryCare.com](http://CenterWellPrimaryCare.com)

May 30

**7. Southern Nevada Food Council  
Food Access Fair  
UNR Cooperative Extension  
United Way**

**SOUTHERN NEVADA FOOD COUNCIL** **UNITED WAY Southern Nevada** **UNR Extension** University of Nevada, Reno College of Agriculture, Biotechnology & Natural Resources **CONTAINER PARK**

# FOOD ACCESS FAIR

AT DOWNTOWN CONTAINER PARK

**SATURDAY MAY 30<sup>TH</sup> 2026**  
**707 E FREMONT ST, LAS VEGAS, NV 89101**  
**12PM-3PM**

Join us to learn about resources that help with your grocery needs!

Free for everyone:

Find community resources for the family!

**FOOD, SNOWCONES, AND DRINKS**  
**FUN GAMES & ACTIVITIES FOR KIDS**  
**FACE PAINTING AND LIVE ENTERTAINMENT**  
**PRIZES AND RAFFLES**

Free Parking during the event!

RSVP HERE

**8. SNHD offering Virtual Diabetes Class Spanish  
News release**

<https://www.southernnevadahealthdistrict.org/news-release/health-district-expands-diabetes-education-with-first-spanish-virtual-classes/>

June 22 and June 29 (attend both days to complete class)

**Spanish virtual diabetes self-management class series**

**1<sup>st</sup> time offered!**  
**Free/SNHD/Teams**

**CLASES GRATUITAS**

# CONTROLE SU DIABETES

**22 Y 29 DE JUNIO**  
**10:00AM-12:00PM**

**La clase virtual utiliza un enlace de Microsoft TEAMS**

**DEBES ASISTIR A AMBAS FECHAS PARA COMPLETAR LA CLASE.** Las clases son enseñadas por educadores de la salud que son facilitadores capacitados en el Conversation Map® Currículo de Educación y Autocontrol de la Diabetes.

**BENEFICIOS DE NUESTRAS CLASES:**

- Aprenda como autocontrolar su condición
- Reduzca el riesgo de complicaciones relacionadas con la diabetes
- Mejore las conductas del estilo de vida

**LOS PARTICIPANTES EN NUESTRAS CLASES INTERACTIVAS CUENTAN CON RECURSOS QUE INCLUYEN:**

- Platos de porciones
- Recetas saludables
- Bandas elásticas
- Más

**CONOZCA MÁS**

(702) 759-1270  
vivasaludable@snhd.org  
vivasaludable.org/csd

**ESCANEE ESTE CÓDIGO PARA SUSCRIBIRSE A NUESTRA LISTA DE INTERESADOS**

**American Diabetes Association**  
\*La Asociación Americana de la Diabetes reconoce que este Programa de Educación cumplió con los Estándares Nacionales de Educación y Apoyo para el cuidado personal de la diabetes.

Este material fue apoyado por la subvención o acuerdo cooperativo número NUSDP007382-01, financiado por los Centros para el Control y la Prevención de Enfermedades. Su contenido es responsabilidad exclusiva de los autores y no representa necesariamente las opiniones oficiales de los Centros para el Control y la Prevención de Enfermedades o el Departamento de Salud y Servicios Humanos.

June 13

## 9. West Henderson Hospital Guinness World Records Attempt CPR





**JOIN THE ATTEMPT! SIGN UP TO PARTICIPATE!**

**SAVE LIVES. SUPPORT CPR AWARENESS.**

**WHEN: Saturday, June 13th**

**TIME: 8AM - 8PM**

SCAN QR CODE TO PARTICIPATE:



**OFFICIAL ATTEMPT**

June 25

**10. YMCA Diabetes Prevention Class Series**

**Sign up Today! Scan QR code on attached flyer.**

**6 pm**

**Free 1 year YMCA Membership (for those who qualify)**

**Call Courtney Taber: 702-522-7370**

**Email: [ctaber@lasvegasyymca.org](mailto:ctaber@lasvegasyymca.org)**

**PREVENT TYPE 2 DIABETES**

**THURS, JUNE 25 ▼ 6PM**

- ▼ Free 1-year YMCA membership
- ▼ Free Lifestyle Coach
- ▼ Proven Weight-loss Program

The National Diabetes Prevention Program can help you:



Lose weight



Prevent or delay diabetes



Reduce risk of heart disease & stroke



Improve cholesterol



Boost energy



Increase overall well-being

Get support, stay motivated, and take charge of your health!

For more information, contact:

Courtney Taber

702.522.7370

[ctaber@lasvegasyymca.org](mailto:ctaber@lasvegasyymca.org)

Take this quick quiz to learn if you qualify:



SCAN ME





**11. Dignity Health**  
**Free Diabetes Prevention Program**  
**Classes start June 8**  
**Call: 702-616-4940**

**Do You Have Prediabetes?**  
**Join the Lifestyle Change Program - Starting June 8!**

- The National Diabetes Prevention Program lifestyle change program can help you build healthy new habits that last a lifetime.
- When you join the program, you'll learn, laugh, share stories, and try new things.
- Most of all, you'll lower your risk of type 2 diabetes and improve your health.

***New group starting on June 8th at Flamingo!***  
 9880 W Flamingo Rd, Suite 220, Las Vegas, NV 89147  
 Call or text us at  
**702.620.7800** for more information.



# Diabetes Prevention Program

**You can reduce your risk of developing diabetes by as much as 58% (71% if you are over age 60)**

If you have been diagnosed with prediabetes, or are at risk of developing type 2 diabetes, you may qualify for this program. Join us in this CDC-approved 12-month program, given in 16 weekly sessions, followed by monthly maintenance sessions.

**This lifestyle change program offers:**

**Classes Start in June**

All Classes are FREE!

**Mondays, 2:00-3:00 pm**

*Dignity Health West Flamingo Wellness Center*  
 9880 W. Flamingo Rd, Ste 220,  
 Las Vegas, NV 89147

**2026 Sessions**  
 June 8, 15, 29  
 July 13, 20, 27

- A certified lifestyle coach to guide and encourage you
- The skills you need to be more physically active and promote healthy eating habits
- Group support from other participants in the program
- Stress management and problem solving

**Take charge of your health and make the commitment now.**

Interested in joining in or need more information? Please call 702.616.4940 or email [heidi.phelon@commonspirit.org](mailto:heidi.phelon@commonspirit.org)



August 10, 17, 31
September 14, 21, 28
October 5, 19
November 2, 16
December 7, 14
<b>2027 Sessions</b>
January 11, 25
February 8, 22
March 1, 15
April 5, 19
May 3

June 10

**12. Harvesting Health  
Produce and Resources for Seniors at Wealthy Place Ministries  
CenterWell Senior Primary Care  
725-247-3082 (Carroll Hooks)**



## Harvesting Health for Seniors

Wednesday, June 10, 2026 - 11AM – 2 PM

Join us for Harvesting Health! Come pack a bag of specifically curated fresh delicious and nutritious fruits and vegetables. \*Up to \$15 in value.

Alongside fresh produce, we invite you to connect with our healthcare community, including Care Chest, United Way of Southern Nevada, HearWell, Senior Law Program, and others. Discover valuable information and resources for Seniors from our dedicated healthcare community.



**Wealthy Place Ministries**  
902 W Owens Ave, LV 89106



If you have any questions, call  
**Carroll Hooks 725-247-3082**



**13. NovoNordisk Wegovy/Medicare GLP-1 Bridge Program (Shared by Partners for a Healthy Nevada)**

- NovoNordisk is offering a new pathway to access Wegovy for qualified people with obesity who have Medicare.
- Please see the **attached** flyer for more information on the Medicare GLP-1 Bridge Program.

THE MEDICARE GLP-1 BRIDGE PROGRAM\*

A New Pathway to Access

# A New Pathway to Access Wegovy® (semaglutide) for Obesity<sup>1</sup>

All doses and formulations of Wegovy® at only \$50 copay per month for eligible Medicare Part D beneficiaries<sup>1,†</sup>

**wegovy®**  
semaglutide  
injection 2.4mg  
tablets 1.5mg  
injection 2.4mg | 2.4mg | 1.5mg



### Indication and Usage

Wegovy® injection and tablets are indicated in combination with a reduced calorie diet, and increased physical activity to:

- Reduce excess body weight and maintain weight reduction long term in adults with obesity or with overweight in the presence of at least one weight-related comorbidity

### Limitations of Use

Concomitant use of Wegovy® tablets or Wegovy® injection with other semaglutide-containing products or with any GLP-1 receptor agonist is not recommended

**When<sup>1</sup>: Beginning July 1, 2026**



### How it works<sup>1</sup>

- Part D plans do not have to opt in for eligible beneficiaries to access Wegovy®
- Wegovy® will be available for eligible Medicare beneficiaries for the other FDA-approved indications through their normal Part D benefits
- The program will operate outside of the Medicare Part D benefits
- Pharmacies can send claims to the established BIN and PCN that CMS has created



### Medicare GLP-1 Bridge clinical criteria<sup>1</sup>

- Medication prescribed for weight management, in combination with current and ongoing lifestyle modification consistent with the applicable FDA-approved label
- ≥18 years of age
- **BMI ≥35** OR **BMI ≥30** + 1 or more of the following comorbidities:
  - Uncontrolled HTN, HFpEF, CKD Stage 3a or above
- **BMI ≥27** + 1 or more comorbidities:
  - Pre-diabetes, previous stroke/MI, symptomatic PAD

For more information on the Medicare GLP-1 Bridge Program, please [click here](#).

<sup>†</sup>The Medicare GLP-1 Bridge Program is a nationwide, short-term CMS program designed to cover select weight management drugs for Medicare Part D beneficiaries.  
<sup>1</sup>Terms apply. For eligible Medicare patients prescribed Wegovy® for a covered FDA-approved indication. Eligibility criteria will be determined by CMS. This information is not a guarantee of coverage. Month defined as 1 box of 4 pens of Wegovy® and 1 bottle of 30 tablets of Wegovy®. Visit <https://www.cms.gov/medicare/coverage/prescription-drug-coverage/medicare-glp-1-bridge> to learn more.  
 BIN, bank identification number; BMI, body mass index; CKD, chronic kidney disease; CMS, Centers for Medicare & Medicaid Services; CVD, cardiovascular disease; FDA, US Food and Drug Administration; GLP-1, glucagon-like peptide-1; HFpEF, heart failure with preserved ejection fraction; HTN, hypertension; MACE, major adverse cardiovascular event; MI, myocardial infarction; OOP, out of pocket; PA, prior authorization; PAD, peripheral arterial disease; PCN, processor control number.

### Important Safety Information

#### WARNING: RISK OF THYROID C-CELL TUMORS

- In rodents, semaglutide causes dose-dependent and treatment-duration-dependent thyroid C-cell tumors at clinically relevant exposures. It is unknown whether Wegovy® causes thyroid C-cell tumors, including medullary thyroid carcinoma (MTC), in humans as human relevance of semaglutide-induced rodent thyroid C-cell tumors has not been determined
- Wegovy® is contraindicated in patients with a personal or family history of MTC or in patients with Multiple Endocrine Neoplasia syndrome type 2 (MEN 2). Counsel patients regarding the potential risk for MTC with the use of Wegovy® and inform them of symptoms of thyroid tumors (e.g. a mass in the neck, dysphagia, dyspnea, persistent hoarseness). Routine monitoring of serum calcitonin or using thyroid ultrasound is of uncertain value for early detection of MTC in patients treated with Wegovy®



Please see additional Important Safety Information on the following pages. Please [click here](#) for Prescribing Information, including Boxed Warning.

## 14. Dr. William H Bestermann Jr, MD Substack

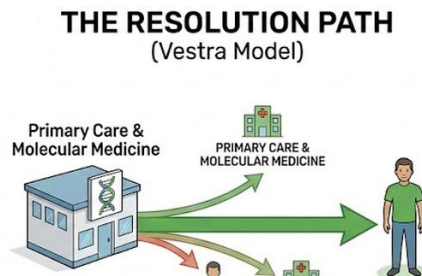
Forwarded this email? [Subscribe here](#) for more

# Why Your Doctor Stops You at the Door

The 375% “Referral Tax” that is bankrupting American families.

[WILLIAM H BESTERMANN JR MD](#)

FEB 13





We used to say that Primary Care was the “quarterback” of medicine. It consumed only 5% of the spending but directed 80% of the care. The job of the quarterback was to *manage the game*—to treat the patient, solve the problem, and keep them out of the hospital.

**The Hostile Takeover** But in the last decade, the “Top” (Hospital Systems and Private Equity) realized that an efficient quarterback was bad for business. If the doctor cures you with a \$10 generic pill, the hospital can’t bill you for a \$50,000 surgery. So they bought the teams. Today, nearly **80%** of physician are employed by large systems. And the data shows exactly what happened next: **Referrals to specialists skyrocketed by 375%.**

**The “Ticket Taker” Model** Your doctor is no longer incentivized to treat you. They are incentivized to *refer* you.

- Got a headache? Referral to Neurology (and an MRI).
- Got high blood pressure? Referral to Cardiology.
- Got stomach pain? Referral to GI.

The primary care office has turned into a toll booth. They collect your copay and wave you through to the expensive stuff.

**The “Resolution” Model** We proved there is a better way. When we worked with a “Molecular Medicine Management” model at [Vestra Health](#)—where we actually *treated* the root cause of disease in the office—the results were stunning. Compared to the “Referral Machine”:

- **Hospitalizations:** Down 80% (We hospitalized 1/5th as many patients).
- **ER Visits:** Down 66%.
- **Total Cost:** Cut in half.

**The Verdict** The “Top” doesn’t want you healthy. They want you referred. Independent, precision primary care is the only thing standing between your wallet and their revenue targets. Support independent doctors. They are the only ones free to actually cure you.

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Rayleen Earney, M.Ed., CHES  
Senior Health Educator/Diabetes Program  
Office of Chronic Disease Prevention and Health Promotion  
280 S Decatur Blvd., Las Vegas, NV 89107  
[www.getthehealthyclarkcounty.org](http://www.getthehealthyclarkcounty.org)  
[www.snhd.info](http://www.snhd.info)  
[www.vivasaludable.org](http://www.vivasaludable.org)  
Phone: 702-759-1271  
Email: [earney@snhd.org](mailto:earney@snhd.org)  
SNHD @ Decatur is closed Fridays.  
I work remotely Mon and Fri.



Training Flyer for Saber es  
PoderREV.pdf  
1.5 MB



**GUINNESS WORLD RECORDS™ ATTEMPT**  
**MOST PEOPLE PERFORMING CPR IN 12 HOURS**



**JOIN THE ATTEMPT! SIGN UP TO PARTICIPATE!**

**SAVE LIVES. SUPPORT CPR AWARENESS.**

**WHEN: Saturday, June 13th**

**TIME: 8AM - 8PM**

SCAN QR CODE TO PARTICIPATE:



**OFFICIAL ATTEMPT**

Harvesting Health (1).pdf  
259 KB



Medicare GLP-1 Bridge.pdf



**TWO STEPS TO SAVE A LIFE**