

From: Rayleen D. Earney Earney@SNHD.ORG
Subject: Clark County Diabetes Group Weekly Updates May 1 2026
Date: May 1, 2026 at 11:15 AM
To:

RE



Happy Friday Everyone! Lots of new items this week. Thanks for continuing to share updates! 😊

SNHD Community Calendars:

Get Healthy Events Calendar:

<https://gethealthyclarkcounty.org/community-calendar/>

Viva Saludable Events Calendar (Spanish)

<https://vivasaludable.org/calendario/>

COMMUNITY UPDATES

NEW

1. SNHD's Tobacco Control Program staff posted this wonderful photo, and retirement well wishes to **Maria Azzarelli**, SNHD's Chronic Disease Manager in the Office of Chronic Disease Prevention and Health Promotion:

We all appreciate your contributions, hard work, and dedication to SNHD, OCDPHP, and our community at large!

Personally, it has been an honor working with and for you these past few decades! 😊

(SNHD's Tobacco newsletter is attached—see all their progress with tobacco policies in our community!)

Spotlights



Wishing Maria Azzarelli A Wonderful Retirement

Maria Azzarelli, SNHD's Office of Chronic Disease and Health Promotion Manager, is retiring! This May, we are celebrating Maria's fearless leadership and enduring impacts on tobacco control and prevention. Maria's dedication has shaped healthier communities and created lasting change in Southern Nevada. Wishing her all the best in a well-earned retirement. Congratulations!

NEW

May 4

2. **New Mexico Project ECHO Program
Diabetes Self-Management CEU Opportunity
Taking Medication, Monitoring, Reducing Risks, and Problem Solving**



Join us **Monday, May 4, 2026, 12:00pm-1:00pm MST** as the

New Mexico Diabetes Self-Management Education & Support (DSMES) ECHO Program presents:

Taking Medication, Monitoring, Reducing Risks, and Problem Solving

By Travis Wolff, PharmD, BCACP

Important Reminders:

Connecting to DSMES ECHO: A 30-minute email reminder with a "Join the Session" button will be sent to all participants registered with iECHO

iECHO.

Interested in receiving CME/CEU credits? Log in through the iECHO platform to join the session and complete the post-session evaluation link. Below is information on the types of CME/CEUs available:

AMA Designation Statement

Project ECHO® designates this live activity for a maximum of 1.0 AMA PRA Category 1 Credit™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

ACPE Designation Statement

This activity will provide pharmacists and pharmacy technicians up to 1.0 contact hours. UAN JA4008231-0000-26-024-L01-P, JA4008231-0000-26-024-L01-T have been assigned to this Application based program. CE credit information, based on verification of live attendance and completion of the program evaluation, will be provided to NABP within 60 days after the activity completion.

ANCC Designation Statement

Project ECHO® designates this live activity for a maximum of 1.0 ANCC contact hours. Nursing contact hours will be awarded for successful completion of program components based upon documented attendance and completion of evaluation.

Commission on Dietetic Registration - This activity is approved for 1.0 CPEU for Registered Dietitians (RDs) and Dietetic Technicians, Registered (DTRs).

 Commission on Dietetic Registration the credentialing agency for the Academy of Nutrition and Dietetics	Completion of this RD/DTR profession-specific or IPCE activity awards CPEUs (One IPCE credit = One CPEU). If the activity is dietetics-related but not targeted to RDs or DTRs, CPEUs may be claimed which are commensurate with participation in contact hours (One 60 minute hour = 1 CPEU). RD's and DTRs are to select activity type 102 in their Activity Log. Sphere and Competency selection is at the learner's discretion.
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iECHO

If you haven't signed up to our iECHO platform, [click here](#), to create an account (only needs to be done once). Once your account is created, add the program using the "Search" bar near the top of your Home page or by click on the program link provided below. Once registered, you will be able to join the program from the Schedule page.

You may also copy and paste the **program link** provided here: <https://iecho.org/public/program/PRGM16992952901240U083W91UD>

We are here to help! If you have any questions or issues creating an account/logging in, email DiabetesECHO@salud.unm.edu.

Note: As a best practice, update your Zoom name with your first and last name as you join the Zoom session to ensure your participation is accounted for.

Thank you and we look forward to seeing you soon!

New Mexico DSMES ECHO Program

Project ECHO | New Mexico Department of Health | UNM Center for Diabetes
Nutrition & Education | PharmFurther
DiabetesECHO@salud.unm.edu

Project ECHO

The University of New Mexico - Health and Sciences Center



NEW

May 12

3. **Diabetes Monthly Support Group**
Dignity Health
702-616-4975
Full St. Rose Diabetes Lifestyle Training and Nutrition Newsletter
(attached)

Monthly Diabetes Support Group



This Month's Topic: Navigating Social Situations

Taking insulin, medications, or navigating food choices in social settings can be challenging. We will discuss how you make sure your needs are met in a variety of social environments.

Wednesday, May 6, 10 to 11 a.m.

(The first Wednesday of every month unless it's a holiday)

GREEN VALLEY FREE

2651 Paseo Verde Pkwy Suite 180, Henderson, NV, 89074

No Registration Required.

For more information, please call Rhonda at 702.616.4975.

NEW

4. Dignity Health
Free Diabetes Prevention Program
Classes start in June
Call: 702-616-4940



Diabetes Prevention Program

You can reduce your risk of developing diabetes by as much as 58% (71% if you are over age 60)

If you have been diagnosed with prediabetes, or are at risk of developing type 2 diabetes, you may qualify for this program. Join us in this CDC-approved 12-month program, given in 16 weekly sessions, followed by monthly maintenance sessions.

This lifestyle change program offers:

- A certified lifestyle coach to guide and encourage you
- The skills you need to be more physically active and promote healthy eating habits
- Group support from other participants in the program
- Stress management and problem solving

Take charge of your health and make the commitment now.

Interested in joining in or need more information? Please call **702.616.4940** or email heidi.phelon@commonspirit.org



Classes Start in June

All Classes are FREE!

Mondays, 2:00-3:00 pm

*Dignity Health West Flamingo
Wellness Center*
9880 W. Flamingo Rd, Ste 220,
Las Vegas, NV 89147

2026 Sessions

June 8, 15, 29
July 13, 20, 27
August 10, 17, 31
September 14, 21, 28
October 5, 19
November 2, 16
December 7, 14

2027 Sessions

January 11, 25
February 8, 22
March 1, 15
April 5, 19
May 3

NEW

5. E-Mediate Infusion Center

Emediate Infusion Center has a second clinic that just opened in the South/Henderson area.



South Clinic Henderson
Emediate Infusion Center
3530 Volunteer Blvd. Ste 100
Henderson, NV 89044
Phone: 702-268-8647
Fax: 725-228-5220





Center Clinic Las Vegas
 Emediate Infusion Center
 501 S. Rancho Drive Ste i-62
 Las Vegas, NV 89106
 Phone: 702-268-8647
 Fax: 725-228-5220

See attachments below.

EIC Henderson Clinic attachment is a front view photo of the clinic entrance.

EIC Brochure/ Medical and Wellness Infusions

EiC Brochure/ Iron infusion brochure



Thank you,
 Tak
 Tak Upshur
 Territory Manager | Pronouns: He/Him/His
 ASP Care Pharmacy

First Care Pharmacy

501 S. Rancho Dr. Suite G46, Las Vegas NV 89106

Office: 702-912-4844 | Mobile: 702-324-8134 | Fax: 702-912-4846

May 12

NEW

6. The Healthy Living Institute at UMC

Diabetes Conversation Maps Class

11 am – 2 pm

<https://apps.umcsn.com/common/EducationEvents.aspx>

UMC offers a wide range of health education seminars, fitness classes, and community events. Most events are offered at no cost to participants. Please review the event calendar to register for an upcoming UMC event.

Event: Conversation Maps® Diabetes Education

Description: Conversation Maps®, recognized by the American Diabetes Association, is now offered at the Healthy Living Institute to promote interactive discussions among people living with diabetes in a small-group setting. Each map addresses a different topic area to assist with self-management of diabetes.

Category: Health & Wellness/Fitness & Nutrition

Location: The Healthy Living Institute 901 Rancho Lane Suite #180 LV, NV 89106

Date from: 5/12/2026 11:00:00 AM

Date to: 5/12/2026 2:00:00 PM

Cost: Free

Email: HealthyLivingInstitute@umcsn.com

First Name: *

Last Name: *

Middle Initial:

Phone: *

Email: *

Comment:

NEW

May 11

7. Heart Healthy Class
Healthy Living Institute at UMC

<https://apps.umcsn.com/common/EducationEvents.aspx>

UMC offers a wide range of health education seminars, fitness classes, and community events. Most events are offered at no cost to participants. Please review the event calendar to register for an upcoming UMC event.

Event: Heart Healthy-4-week series

Description: With heart disease being a leading cause of health issues, our heart healthy program offers practical tips and heart healthy recipes to help you maintain a strong heart. Taking care of your heart has never been more important. Join us on this journey to better health and ensure a longer, healthier life for you and your loved ones. Topics in our heart series Week 1- Cholesterol – May 11th Week 2 Hypertension- May 18th Week 3 Healthy Eating – May 25th Week 4 Physical Activity, Stress Management, and Goal setting – June 1st 4 Consecutive Mondays from 1100am-12pm Those who complete series will get Heart Healthy tools and gift

Category: Wellness/Health & Fitness Classes & Senior Celebrations

Location: The Healthy Living Institute 901 Rancho Lane Suite #180 LV, NV 89106

Date from: 5/11/2026 11:00:00 AM

Date to: 5/11/2026 2:00:00 PM

Cost: Free

Email: Healthylivinginstitute@umcsn.com

First Name: *

Last Name: *

Middle Initial:

Phone: *

Email: *

Comment:

NEW

May 4

8. **Las Vegas HEALS Behavioral Health Town Hall/RSVP**

[Behavioral Health Town Hall Event](https://web.lasvegasheals.org/events/BehavioralHealth%20Town%20Hall%20Event%20-4603/details)

<https://web.lasvegasheals.org/events/BehavioralHealth%20Town%20Hall%20Event%20-4603/details>

Nevada

Behavioral Health Integration Town Hall

Strengthening Nevada's Behavioral Health System Through Collaboration

A leadership forum bringing together behavioral health providers, healthcare systems, state agencies, and community partners to improve coordination of care in Nevada.

May 4th, 2026 | 4:00 p.m - 6:00 p.m



Nevada State Legislature
7230 Amigo Street, Las Vegas, NV 89119

Discussion Highlights • Behavioral health system coordination • Lessons from successful state models	Who should Attend • Legislators • State agency leaders • Behavioral health providers
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▪ Policy and funding alignment ▪ Nevada implementation strategies	▪ Healthcare executives ▪ Managed care organizations ▪ Community advocates
Hosted by:  	 Join by Zoom  RSVP by May 3rd

NEW

9. ADA: Recorded Webinar Link (available until March 16, 2027) :

<https://professionaleducation.diabetes.org/ProductInfo/TimeisNowOD>

Additionally, we are excited to announce that our wonderful speakers have developed an informative infographic. This resource is designed to help diabetes care and education specialists operationalize T1DM screening and treatment within the DSMES cycle. Please find the infographic below for your review and use.

[Operationalizing T1D Screening & Treatment into DSMES Services Infographic](https://professional.diabetes.org/sites/dpro/files/2026-04/T1DScreeningAndTreatmentIntoDSMES4.pdf)
(<https://professional.diabetes.org/sites/dpro/files/2026-04/T1DScreeningAndTreatmentIntoDSMES4.pdf>)

- 10. Cinco de mayo Celebration**
Soda Free Summer Event
Clark County Commissioner Kirkpatrick
Bob Price Park
 2100 Bonnie Lane, Las Vegas, NV 89156
 4:30 pm – 8:30 pm



Celebration

MAY 1, 2026

4:30 - 8:30 PM

**BOB PRICE PARK
5852 E. LAKE MEAD BLVD
LAS VEGAS, NV 89156**

★ **FREE FOOD & LIVE ENTERTAINMENT** ★

★ **MARIACHI BANDS**
★ **PIÑATAS**
★ **DANCING**

★ **BOXING EXHIBITIONS**
★ **VENDORS**
★ **BOUNCE HOUSES**



**11. Spanish Diabetes Class at SNHD
10 – 12**

CLASES GRATUITAS



CONTROLE SU DIABETES



4 Y 11 DE MAYO
10:00AM-12:00PM

Distrito de Salud del Sur de Nevada
280 S. Decatur Blvd.

DEBES ASISTIR A AMBAS FECHAS PARA COMPLETAR LA CLASE. Las clases son enseñadas por educadores de la salud que son facilitadores capacitados en el Conversation Map® Currículo de Educación y Autocontrol de la Diabetes.

BENEFICIOS DE NUESTRAS CLASES:

- Aprenda como autocontrolar su condición
- Reduzca el riesgo de complicaciones relacionadas con la diabetes
- Mejore las conductas del estilo de vida



LOS PARTICIPANTES EN NUESTRAS CLASES INTERACTIVAS CUENTAN CON RECURSOS

CONOZCA MÁS

QUE INCLUYEN:

- Platos de porciones
- Recetas saludables
- Bandas elásticas
- Más

(702) 759-1270

vivasaludable@snhd.org

vivasaludable.org/csd




www.vivasaludable.org



ESCANEE ESTE CÓDIGO PARA SUSCRIBIRSE A NUESTRA LISTA DE INTERESADOS





*La Asociación Americana de la Diabetes reconoce que este Programa de Educación cumplió con los Estándares Nacionales de Educación y Apoyo para el cuidado personal de la diabetes.

Este material fue apoyado por la subvención o acuerdo cooperativo número NUSBDP007382-01, financiado por los Centros para el Control y la Prevención de Enfermedades. Su contenido es responsabilidad exclusiva de los autores y no representa necesariamente las opiniones oficiales de los Centros para el Control y la Prevención de Enfermedades o el Departamento de Salud y Servicios Humanos.

NEW

June 22 and 29

12. Spanish virtual diabetes self-management class

1st time offered!

Free/SNHD/Teams

CLASES GRATUITAS



CONTROLE SU DIABETES



22 Y 29 DE JUNIO

10:00AM-12:00PM

La clase virtual utiliza un enlace de Microsoft TEAMS

DEBES ASISTIR A AMBAS FECHAS PARA COMPLETAR LA CLASE. Las clases son enseñadas por educadores de la salud que son facilitadores capacitados en el Conversation Map® Currículo de Educación y Autocontrol de la Diabetes.

BENEFICIOS DE NUESTRAS CLASES:

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- Mejore las conductas del estilo de vida

LOS PARTICIPANTES EN NUESTRAS CLASES INTERACTIVAS CUENTAN CON RECURSOS QUE INCLUYEN:

- Platos de porciones
- Recetas saludables
- Bandas elásticas
- Más

CONOZCA MÁS

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13. **Family First Friday**
West Henderson Hospital
5-8 pm



FAMILY FIRST FRIDAY
Presented By West Henderson Hospital
First Friday of Every Month!
5 - 8 PM

You and your family are invited to join us the first Friday of the month for live music, local food trucks, socializing, shopping, kids crafts, and more!

UPCOMING DATES:
FEB 6 • MAR 6 • APR 3 • MAY 1

WEST HENDERSON HOSPITAL
A Member of The Valley Health System
1155 Raiders Way | Henderson, NV 89052
725-235-2000

 **ALL AGES WELCOME**  **HELD OUTDOORS**
Dress for the weather!

Discover where **HEALTH HAPPENS** at VALLEYHEALTHSYSTEMLV.COM

May 5 and 12

14. **RTC/SNHD Pop-Up Produce Stands**
@Bonneville Transit Center



SNAP/EBT Accepted • Double Up Food Bucks Available

BONNEVILLE TRANSIT CENTER
101 E. BONNEVILLE AVE.
LAS VEGAS, NV 89101

MARCH 3 & 10 APRIL 7 & 14 MAY 5 & 12
NOON - 3PM
OR UNTIL SOLD OUT

Come shop for a variety of affordable fruits & vegetables at the Spring Pop-Up Produce Stands. Use your SNAP/EBT card to bring home healthy nutritious foods.


www.gethealthyclarkcounty.org



Made possible with funding from the Centers for Disease Control and Prevention.

Spanish Flyer Pop-Up Produce Stands 5 y 12 de mayo

PUESTOS DE PRODUCTOS AGRÍCOLAS

Aceptamos SNAP/EBT • Duplique sus beneficios de SNAP con Double Up Food Bucks

BONNEVILLE TRANSIT CENTER
101 E. BONNEVILLE AVE.
LAS VEGAS, NV 89101

MARZO 3 Y 10 ABRIL 7 Y 14 MAYO 5 Y 12
12 DEL MEDIODÍA - 3PM
O HASTA QUE SE AGOTE

Venga a comprar una variedad de frutas y verduras a precio asequible en el evento de Primavera de los Puestos de Productos Agrícolas. Use su tarjeta SNAP/EBT para llevara casa alimentos nutritivos y saludables.



www.vivacounty.org



Hecho posible con fondos de los Centros para el Control y la Prevención de Enfermedades.

To unsubscribe from this list, email “unsubscribe” to: earney@snhd.org

Have a friend or colleague who would like to receive updates? Email “subscribe”: earney@snhd.org



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Office of Chronic Disease Prevention and Health Promotion
280 S Decatur Blvd., Las Vegas, NV 89107

www.getthehealthyclarkcounty.org

www.snhd.info

www.vivasaludable.org

Phone: 702-759-1271

Email: earney@snhd.org

SNHD @ Decatur is closed Fridays.

I work remotely Mon and Fri.



FREE CLASS



MANAGE YOUR
DIABETES



JUNE 3, 10 & 17
10:00AM–12:00PM

Virtual class uses TEAMS link

YOU MUST ATTEND ALL SESSIONS TO COMPLETE THE CLASS. Classes are taught by Health Educators who are trained facilitators in the Conversation Map® Diabetes Self-Management & Education curriculum.

BENEFITS OF OUR CLASSES:

- Learn how to better self-manage your condition
- Reduce risk of diabetes-related complications
- Improve healthy lifestyle behaviors

