


From: Rayleen D. Earney Earney@SNHD.ORG 
Subject: Clark County Diabetes Group Weekly Updates October 3 2025
Date: October 3, 2025 at 11:08 AM
To:

RE



Happy Friday!

SNHD Community Calendars:

- **Get Healthy Events Calendar:**
<https://gethealthyclarkcounty.org/community-calendar/>
- **Viva Saludable Events Calendar (Spanish):**
<https://www.vivasaludable.org/calendario/>

COMMUNITY UPDATES

NEW

1. **Type 2 Diabetes Focus Group
Comagine/SNHD
English Focus group
Must Pre-register**

**TYPE 2 DIABETES
FOCUS GROUP**

Help us improve diabetes
care in Southern Nevada.

Are you an adult living with type 2 diabetes?
Come join us to share your experiences and help us
improve diabetes support programs in your area.

We want to hear from you!
You talk. We listen.

We want to understand:

- What is your experience living with type 2 diabetes?
- How can your community best support you in managing diabetes?


Join us in person!
 Wednesday, October 29, 2025
 • Session One
 8:30 – 10 a.m. (English)
 • Session Two
 10:30 a.m. – Noon (Español)
 A light snack will be provided.

To say thank you, participants will receive a diabetes-friendly pantry box!

Location:
 Southern Nevada Health District
 Red Rock Conference Room
 280 S. Decatur Blvd.
 Las Vegas, NV 89107



Participation requirements:

- 18+ years of age
- Live in Clark County, Nevada
- Be currently living with type 2 diabetes and willing to share your experiences

SCAN ME!

 To pre-register, complete the Interest Form below by
Wednesday, October 22.
bit.ly/NVDiabetesFocusGroup

Space is limited. Not everyone who pre-registers will be eligible to participate. Confirmation emails will be sent no later than Friday, October 24.

Contact | Ally Schenck | CommunityHealth@Comagine.org

Comagine Health  **WINN**
 Wellness Integrated Network of Nevada  **SNHD**
 Southern Nevada Health District

Comagine Health partnered with the **Southern Nevada Health District** to provide an opportunity to participate in focus groups about your experiences living with type 2 diabetes and how can our community best support you.

Now's your chance to provide feedback!

If interested, you must pre-register (fill out their online form) by Oct 22 (see flyer below and attached for details)!

Comagine will send a confirmation email to those who are selected to participate.

Copy link:
bit.ly/NVDiabetesFocusGroup

<https://form.jotform.com/251326152884054>


NEW

- Spanish Type 2 Diabetes Focus Group**
Comagine/SNHD
Spanish Focus group
Must Pre-register

DIABETES TIPO 2
GRUPO FOCAL

Ayúdenos a mejorar la atención de diabetes en el sur de Nevada.

¿Es usted un adulto que vive con diabetes tipo 2?
 Venga y únase a nosotros para compartir sus experiencias y ayudarnos a mejorar los programas de apoyo para la diabetes en su área.



apoyo para la diabetes en su área.

**¡Queremos escuchar de usted!
Usted habla. Nosotros escuchamos.**

Queremos entender::

- ¿Cuál es su experiencia viviendo con diabetes tipo 2?
- ¿Cómo puede su comunidad apoyarle mejor en el manejo de la diabetes?

¡Únase a nosotros en personal
Miércoles 29 de octubre de 2025

- Sesión Uno
8:30 - 10 a.m. (Inglés)
- Sesión Dos
10:30 a.m. - Mediodía (Español)

Se proporcionará un refrigerio ligero.

Ubicación:
Distrito de Salud del Sur de Nevada
Sala de Conferencias Red Rock
280 S. Decatur Blvd.
Las Vegas, NV 89107

Requisitos de participación:

- 18+ años de edad
- Vivir en el Condado de Clark, Nevada
- Estar viviendo actualmente con diabetes tipo 2 y estar dispuesto a compartir sus experiencias

Para agradecerle, los participantes recibirán una caja de despensa apta para diabéticos!

Para pre-registrarse, complete el Formulario de Interés a continuación antes del miércoles, 22 de octubre.
bit.ly/NVDiabetesFocusGroupSpanish

El espacio es limitado. No todas las personas que se pre-registren serán elegibles para participar. **Los correos electrónicos de confirmación se enviarán a más tardar el viernes 24 de octubre**

Contacto | Ally Schenck | CommunityHealth@Comagine.org

Comagine Health **WINN** Wellness Integrated Network of Nevada **SNHD** Southern Nevada Health District

bit.ly/NVDiabetesFocusGroupSpanish
<https://form.jotform.com/252614390273152>

October 3

**3. Family First Friday
West Henderson Hospital
Games, Music, Refreshments and More!
Stop by from 5-8 pm.**



You and your family are invited to join us the first Friday of the month for games

you and your family are invited to join us the first Friday of the month for games, music, refreshments and more!

Event dates:

- October 3, 2025
- November 7, 2025
- December 5, 2025
- January 2, 2026



A Member of The Valley Health System
1155 Raiders Way | Henderson, NV 89052
725-235-2000



Discover where **HEALTH HAPPENS** at
VALLEYHEALTHSYSTEMLV.COM

Physicians are independent practitioners who are not employees or agents of West Henderson Hospital. The hospital shall not be liable for actions or treatments provided by physicians. For language assistance, disability accommodations and the nondiscrimination notice, visit our website: 253979508-4017300 8/25

NEW

October 16

4. Las Vegas YMCA/United Healthcare Decoding Diabetes

United Healthcare

the Y

DECODING DIABETES

OCT. 16

10:30-11:30AM

Diabetes is complicated! Let us help you decide it. This talk hosted by United Health Care is meant to help you manage and understand what it means to live a healthy life even with diabetes.

Questions? Contact:
Jonathan at 702.877.9622
jjimenez@lasvegasyymca.org

Durango Hills YMCA
3521 N Durango Dr, Las Vegas, NV 89129
702.240.9622 | LasVegasYMCA.org

October 4

**5. Binational Event
R.E.A.C.H.
East Las Vegas Community Center
250 N Eastern Ave, Las Vegas, NV**



**XXV BINATIONAL
HEALTH FAIR**

Saturday | Oct. 4
10 a.m.–1 p.m.

**A FREE HEALTH FAIR
FOR EVERYONE!**

General Health Screenings | Blood Pressure Screenings
Glucose Checks | Vision Screenings | Flu Vaccines
Immunizations | Women's Health Services
Nutrition and Mental Health Resources | Dental Screenings
Medical Insurance Information | Explore Legal and Community Resources

Enjoy a Zumba class and explore community resources. Don't miss this opportunity to take charge of your health and connect with valuable services.

Logos: COORDINADORA OLIVIA DIAZ MARZO 3, MÉXICO, R.E.A.C.H., UNIVISION, PESTAS 981, TELEMUNDO

East Las Vegas Community Center
250 N. Eastern Ave. | 702.229.1515 TTY 711

City of Las Vegas | lasvegasnevada.gov

W3-12663 9/21

October 7 and 14

**5. Pop-Up Produce Stands
At Bonneville RTC
SNHD**



**POP-UP
PRODUCE STANDS**

BONNEVILLE TRANSIT CENTER
101 E. BONNEVILLE AVE.
LAS VEGAS, NV 89101

SEP. 2 & 9 OCT. 7 & 14 NOV. 4 & 18 DEC. 2 & 9
11AM - 2PM

Come shop for a variety of affordable fruits & vegetables at the Fall Pop-Up Produce Stands. Use your SNAP/EBT card to bring home healthy nutritious foods.

 www.gethealthyclarkcounty.org  

Made possible with funding from the Centers for Disease Control and Prevention.



PUESTOS DE PRODUCTOS AGRÍCOLAS

BONNEVILLE TRANSIT CENTER
101 E. BONNEVILLE AVE.
LAS VEGAS, NV 89101

SEPT. 2 & 9 OCT. 7 & 14 NOV. 4 & 18 DIC. 2 & 9
11AM - 2PM

Venga a comprar una variedad de frutas y verduras a precio asequible en el evento de Otoño de los Puestos de Productos Agrícolas. Use su tarjeta SNAP/EBT para llevara casa alimentos nutritivos y saludables.

Hecho posible con fondos de los Centros para el Control y la Prevención de Enfermedades.

6. **AHN (Access to Healthcare Network)** will be offering a *free* Diabetes Self-Management Education & Support workshop Wednesdays from 10 am- 12 pm beginning October 22. Interested parties can contact us at **702-489-3434**. They may also register for the class by [following this link](#) or by scanning the QR code on our flyer.

<https://www.compasshp.org/workshops/registration/18438>



Diabetes Self-Management Education Classes

Join this workshop series to gain the everyday skills needed to manage diabetes successfully!



Healthy Eating



Stress Management



Improved Sleep



Blood Sugar Control



Weight Management



Physical Activity



Problem Solving



Getting Support

Classes are lead by experienced health educators and held **in-person**.

Fill out our online contact form by scanning QR code or give us a call!

(702)489-3434



Testimonial from our client:

"Since completing the program, I feel better overall! I exercise more, I sleep better, and it's easier for me to prepare my healthy meals. I still eat the foods I love, just in smaller portions, and have learned how to enjoy more vegetables too!"

— 54 year-old female



Diabetes Self-Management Education Program

Upcoming Class Dates:



HealthEducation@AHNNV.org (702)489-3434

OCTOBER 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

NOVEMBER 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

DECEMBER 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

Six-Week Workshop Series
Wednesdays, October 22nd - December 3rd from 10:00 a.m. to 12:00 p.m.



7. Grocery Store Tour (Spanish)

Must RSVP prior to attending tour.

Emai: vivasaludable@snhd.org or call 702-759-1270



TOURS
gratuitos
DEL
SUPERMERCADO

Los tours serán guiados por un nutriólogo y los temas que se hablarán durante el tour son:

- Identificar una variedad de **opciones saludables**
- Entender **etiquetas de los alimentos**
- Consejos sencillos para la **planificación de comidas** y compras económicas
- Y más...

Los tours están **limitados a 7 asistentes** por tours y durarán **aproximadamente 60 minutos**.

Ubicación:
Marketon 840 N. Decatur Blvd

Fechas y Horarios:

- Lunes 3 de marzo 10 a.m.
- Martes 6 de mayo 4 p.m.
- Miércoles 27 de agosto 10 a.m.
- Jueves 9 de octubre 4 p.m.

Escanee para registrarse

¡Regístrese hoy!
El espacio es limitado y es necesario registrarse. Para obtener más información, llame al **702-759-1270** o envíe un correo electrónico a vivasaludable@snhd.org

Logos: marketon, Viva, SNHD

NEW

8. Las Vegas HEALS

Alleivant Opens new Henderson Facility

[Alleivant Grand Opens New Henderson Facility – Las Vegas HEALS](https://www.lasvegasheals.org/alleivant-grand-opens-new-henderson-facility/)

<https://www.lasvegasheals.org/alleivant-grand-opens-new-henderson-facility/>

NEW

9. NOMHE

NV Safety Summit

October 21-23

You can register by scanning the QR code in the attached flyer or by clicking this link: <https://zerofatalitiesnv.com/2025-traffic-safety-summit/>

2025 NEVADA TRAFFIC SAFETY SUMMIT

OCTOBER 21-23, 2025

South Point Hotel, Casino, & Spa | Las Vegas, NV



SCAN TO REGISTER

Visit
zerofatalitiesnv.com/2025-traffic-safety-summit/
for more information



NEW

10. SNHD Fact Sheet Services and Locations Flyer also attached

FactSheet

Para Su Información

Southern Nevada Health District

The Health District offers services at several public health centers and at neighborhood locations throughout the Valley.

Center Name	Address	Hours	Services	Contact
EAST LAS VEGAS PUBLIC HEALTH CENTER	2850 S. Rainbow Rd. - Las Vegas, NV 89101	Tuesday-Friday 9am-12pm and 1-5pm by appointment only at SNHD Info	Immunizations	(702) 799-0400
FREMONT PUBLIC HEALTH CENTER	2830 S. Fremont St. - Las Vegas, NV 89104	Tuesday-Friday 9am-6:15pm	Environmental Health: Aquatic Health Program, Plan Review, Schools, Childcare and Body Art; Food Handler and Body Art Cards	(702) 799-6572, (702) 799-1208, (702) 799-6577, (702) 799-1089
LAUGHLIN PUBLIC HEALTH CENTER	33 Ohio Way - Laughlin, NV 89029	Mon-Fri 9am-12pm; Mon-Thu 9am-12pm; Wed-Fri after-noon hours available (must call to confirm)	Environmental Health; General Services; Citizen Complaints; Food Handler Safety Training Cards	(702) 799-1543, (702) 799-1099
MESQUITE PUBLIC HEALTH CENTER	120 N. Yucca St., Ste. 2 - Mesquite, NV 89027	Monday-Friday 9am-12pm and 1-4:30pm	Environmental Health; General Services; Citizen Complaints; Food Handler Safety Training Cards	(702) 799-1842, (702) 799-1099
HENDERSON PUBLIC HEALTH CENTER	225 S. Harbor Dr., Ste. A & B - Henderson, NV 89115	Monday-Thursday 9am-12pm and 1-5pm by appointment only	Immunizations; Food Handler and Body Art Cards	(702) 799-0400, (702) 799-1089

SNHD
Southern Nevada Health District

P.O. Box 2902 • Las Vegas, NV 89127
(702) 799-1000 • www.SNHD.info

SOUTHERN NEVADA HEALTH DISTRICT

200 S. Cassler Blvd. - Las Vegas, NV 89107

Monday - Thursday 9am - 4pm unless otherwise noted

Birth & Death Certificates Monday-Thursday 9am-4pm (702) 799-1370

EMS & Trauma System Monday-Thursday 9am-4pm (702) 799-1050

Environmental Health

- Citrus Complaints (702) 799-2388
- Environmental Complaints (702) 799-2600
 - Illegal Dumping/Complaints
 - Permitted Disposal Facilities
- Food Operations (702) 799-1110
- Landfill/Transfer Station (702) 883-0671
- Public Drinking Water Programs (702) 799-1320
- Storage/Transfer/Disposal Operations (702) 799-2640
- Solid Waste Plan Review (702) 799-2640
- Specialties of Foods Office (702) 799-1127
 - Food Safety Modernization Act
 - Mobile Food Vending
- Subdivision Plan Review (702) 799-0561
 - Preliminary/Interim/Minority Form (9am-7pm)
- Underground Storage Tank Program (702) 799-2640
- Unpermitted Structures (702) 799-2320
- Visitor Services Program (702) 799-1630
 - Mobile Home RV Parks
 - Public Accommodations

Epidemiology (702) 799-1300

Food Handler and Food Service Workers (702) 799-1099
 Monday-Thursday 9am-4pm and 1pm by appointment only

General Information (702) 799-1000

Human Resources (702) 799-1120

Office of Chronic Disease Prevention & Health Promotion (702) 799-1270

Office of Consumer Affairs (702) 799-1380
 • Community Outreach/Outreach Services (702) 799-2880

Office of Public Health Preparedness (702) 799-1671
 • Medical Reserve Corps (702) 799-1340

Public Health and Preventive Care

- Birth Control/Family Planning Monday-Thursday (702) 799-2173
- Healthy Start Monday-Thursday (702) 799-4477
- Immunizations Monday-Thursday 9am-4pm and 1pm (702) 799-2150
 Adult and children by appointment only at 888.865. Adult by appointment only
 9am-4pm by appointment only at 799.2888
- Maternal Family Partnership Monday-Friday (702) 799-2176
- TB Treatment and Control Monday-Thursday (702) 799-1370

Sexual Health & Outbreak Prevention Program (SHOPP) (702) 799-0771

Southwest Nevada Community Health Center

Monday, Wednesday and Thursday 9am-4pm
 Tuesday 9am-4pm

- Individual Health (702) 799-1700
- Family Planning (702) 799-1700
- Pharmacy Monday-Thursday 9am-4pm (702) 799-1700
- Primary Care (702) 799-1700
- Ryan White Care Services (702) 799-1700
- Sexual Health Clinic (702) 799-1700

U.S. Passport Services Monday-Thursday 9am-4pm (702) 799-2924

Service Locations



**EAST LAS VEGAS
 PUBLIC HEALTH CENTER**
 2500 S. Bonanza Rd.
 Las Vegas, NV 89121



**FREMONT
 PUBLIC HEALTH CENTER**
 2001 S. Fremont St.
 Las Vegas, NV 89104



**HENDERSON
 PUBLIC HEALTH CENTER**
 2325 E. Horizon Ex. Blvd.
 Henderson, NV 89013



**LAS VEGAS
 PUBLIC HEALTH CENTER**
 3325 S. Rainbow Way
 Las Vegas, NV 89120



**MESQUITE
 PUBLIC HEALTH CENTER**
 1301 N. Yucca St.
 Las Vegas, NV 89027



**MESQUITE
 PUBLIC HEALTH CENTER**
 1301 N. Yucca St., Box 3
 Mesquite, NV 89027

Scale in Kilometers

October 11

11. NICRP/UNLV

Step up for Kids Event

Visit the Step Up for Kids page for additional information: <https://nic.unlv.edu/step-up-for-kids/>

<https://www.facebook.com/events/1441338807143325>

18th Annual Step Up for Kids
Oct. 11th, 2025
 9:00 am - 12:00 pm
Pearson Community Center
 1625 W Carey Ave
 North Las Vegas, NV 89032



Join us for a **FREE** day of family fun with music, food for the first 300 attendees, face painting, petting zoo, farmers market, games, raffle prizes, resource fair, costume contest, and our Youth Mayor election where kids can vote!

Farmers Market **Costume Contest**

Petting Zoo **Youth Mayor**

strong start for children
 For more information, contact us at 702-895-1040 or nicrp@unlv.edu

RSVP @ <https://tinyurl.com/ypjd8d5s>

Sponsored by Commissioner William McCurdy II

University of Nevada - Las Vegas **NICRP** together better

NEW

October 14 and 21

12. Spanish Diabetes Self-Management Class at SNHD

CLASES GRATUITAS

CONTROLE SU DIABETES

14 Y 21 DE OCTUBRE
2:00PM-4:00PM

Distrito de Salud del Sur de Nevada
 280 S. Decatur Blvd.

DEBES ASISTIR A AMBAS FECHAS PARA COMPLETAR LA CLASE. Las clases son enseñadas por educadores de la salud que son facilitadores capacitados en el Conversation Map® Currículo de Educación y Autocontrol de la Diabetes.

BENEFICIOS DE NUESTRAS CLASES:

- Aprenda como autocontrolar su condición
- Reduzca el riesgo de complicaciones relacionadas con la diabetes
- Mejore las conductas del estilo de vida

LOS PARTICIPANTES EN NUESTRAS CLASES INTERACTIVAS CUENTAN CON RECURSOS QUE INCLUYEN:

- Platos de porciones
- Recetas saludables
- Bandas elásticas
- Más

CONOZCA MÁS

(702) 759-1270
vivasaludable@snhd.org
vivasaludable.org/ksd

ESCANEE ESTE CÓDIGO PARA SUSCRIBIRSE A NUESTRA LISTA DE INTERESADOS

VIVA Saludable **SNHD** **NEVADA WELLNESS**

American Diabetes Association
 La Asociación Americana de la Diabetes reconoce que este Programa de Educación es parte del Programa Nacional de Instrucción y Apoyo para el cuerpo personal de la diabetes.

Este material fue aprobado por la subvención o acuerdo cooperativo número 7 NIGCPW00036-01-00, financiado por los Centros para el Control y la Prevención de Enfermedades. Su contenido es responsabilidad exclusiva de los autores y no representa necesariamente las conclusiones o recomendaciones de los Centros para el Control y la

October 15 and 22

13. English DSMES Class at SNHD

FREE CLASS

MANAGE YOUR DIABETES

OCT 15 & 22 2025
10:30 AM–12:30 PM

Southern Nevada Health District
280 S. Decatur Blvd.

YOU MUST ATTEND BOTH SESSIONS TO COMPLETE THE CLASS. Classes are taught by Health Educators who are trained facilitators in the Conversation Map® Diabetes Self-Management & Education curriculum.

BENEFITS OF OUR CLASSES:

- Learn how to better self-manage your condition
- Reduce risk of diabetes-related complications
- Improve healthy lifestyle behaviors

PARTICIPANTS IN OUR INTERACTIVE CLASSES ARE PROVIDED WITH RESOURCES INCLUDING:

- Portion plates
- Healthy recipes
- Stretch bands
- More

LEARN MORE

☎ (702) 759-1270
✉ gethealthy@snhd.org
🌐 gethealthyclarkcounty.org/myd

www.gethealthyclarkcounty.org
CITY NEVADA, SAY NOTHING, LEAVE TOBACCO BEHIND.

SCAN THIS CODE TO SIGN UP

American Diabetes Association. The American Diabetes Association Recognizes this education service as meeting the National Standards for Diabetes Self-Management Education and Support.

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October 23

NEW

14. Health District After Dark The State of Nevada’s Public Health Safety Net Registration is now open (see revised flyer)





Registration is now open for our next Health District After Dark on “The State of Nevada’s Public Health Safety Net” on Thursday, October 23, 2025, from 4 to 6 pm. Health District After Dark will be in-person in the SNHD Red Rock Conference Room and online on Microsoft Teams. Signup is available at <https://bit.ly/3IxSPyf> or using the QR code on the attached flyer. Please share widely with your networks.

Moderator: Dr. Cheryl Radeloff, Senior Health Educator, SNHD

Panelists: Dr. John Packham, Associate Dean, Office of Statewide Initiatives, University of Nevada, Reno School of Medicine

Pierron Tackes, Director of Health and Social Policy, Kenny Guinn Center for Policy Priorities

Emma Rodriguez, Communications and Legislative Affairs Administrator, SNHD

To unsubscribe from this list, email “unsubscribe” to: earney@snhd.org

Have a friend or colleague who would like to receive updates? Email “subscribe”: earney@snhd.org

Thank you
FOR YOUR SUPPORT

Rayleen Earney, M.Ed., CHES
Senior Health Educator/Diabetes Program
Office of Chronic Disease Prevention and Health Promotion
280 S Decatur Blvd., Las Vegas, NV 89107
www.gethealthyclarkcounty.org
www.snhd.info
www.vivasaludable.org
Phone: 702-759-1271
Email: earney@snhd.org
SNHD @ Decatur is closed Fridays.
I work remotely Mon and Fri.



2025 Decoding Diabetes (003)
.pdf
587 KB

AHN South DSME Flyer 10.25.pdf
450 KB

FREE CLASS

**MANAGE YOUR
DIABETES**

OCT 15 & 22 2025

**Southern Nevada Health District
280 S. Decatur Blvd.**

10:30 AM–12:30 PM

YOU MUST ATTEND BOTH SESSIONS TO COMPLETE THE CLASS. Classes are taught by Health Educators who are trained facilitators in the Conversation Map®